Biography for Andrew Shim

Andrew Shim has been teaching motor behavior and conducting balance research for more than 20 years. He has a B.S. degree in Kinesiology & Health Promotion from Cal Poly Pomona, a Master of Arts in Exercise Science from Cal State Los Angeles, and a Doctorate in Health Education from United States International University in San Diego, CA. He has published in Sport Performance, Educational Theories, and Physical Therapy peer-reviewed international journals. Besides being nominated several times for teaching awards, he has earned several research awards at 2 different universities and from 1 Sports Medicine organization. He is certified with the American College of Sports Medicine as an Exercise Physiologist, the National Strength & Conditioning Association as a certified Strength & Conditioning Specialist with Distinction, and the Dr. Kenneth Cooper's Institute of Aerobic Research as an Exercise Specialist. Furthermore, he has been the former President of the Eastern Educational Research Association, served on various editorial boards, has been the Editor in Chief for the Journal of the Behavioral and Social Sciences, and currently the State Director of Nebraska for the National Strength & Conditioning Association. He has published a textbook titled, "Exploring the Field of Kinesiology" with Kendall Hunt Publishers used at colleges across the country for entry level Kinesiology students.

He is currently the new founding program director of Kinesiology & Exercise Science at the College of Saint Mary for both the undergraduate and graduate program. His research is focused on fall prevention, especially with the elderly population where extensive data collection is taking place in Omaha over the next several months and hopes to present these findings within the following academic year.