

# CSM FLAMES ATHLETICS



## COVID-19 Team & Spectator Protocols Based on July 1, 2020 NAIA Guidance

In accordance with NAIA guidelines, all athletes competing in the fall of 2020 will be **tested** for COVID-19 no more than five days prior to the first competition for their respective teams. Members of the team are defined as student-athletes, coaches, student managers and athletic training staff.

**Screening** will occur prior to every team practice and competition. All student-athletes and coaching staff associated with a team must be screened by the CSM Athletic Training staff. The information collected will be recorded throughout the fall term. If a student-athlete and/or coach does not meet the screening threshold to practice or compete, the appropriate COVID-19 protocol will be implemented before a team member may “Return to Play” as outlined by the NAIA.

The following are COVID-19 guidelines pertaining to practice and competition for CSM teams (Varsity & JV). These guidelines can and will be adjusted as NAIA guidance and/or health authority mandates, related to sporting events and spectators, continue to evolve.

### TEAM PRACTICE

- Student-athletes and coaching staff will be screened prior to each team practice per NAIA guidelines for “Return to Play.” The screening will be administered by the Head Athletic Trainer.
- The team bench area will be sanitized prior to and at the conclusion of each practice. Sanitization will be completed by team managers and/or coaching staff.
- Individual water bottles will be provided to each student-athlete and will be properly marked with the name of the student-athlete.
- Student-athletes will be asked to wear a face mask in locker rooms whenever possible.
- During practices, coaches will work to maintain appropriate spacing between groups and drills to the extent possible for the situation and skills being practiced.
- Masks will not be required during team practice due to the health risks associated with the rigorous aerobic demands of participating in physical activities.

### TEAM TRAVEL

- Student-athletes and coaching staff will be **screened** prior to each road competition per NAIA guidelines for “Return to Play.” The screening will be administered by the Head Athletic Trainer.
- Coaches, student-athletes, staff, and bus drivers will be required to wear a face covering while on the bus or in a rental vehicle traveling for a road competition.
- Team travel rosters will be required for each road competition. Roster limitation may be imposed when necessary.
- The Flames Bus and rental vehicles will be sanitized prior to departure from campus for each road competition.
- The Flames Bus and rental vehicles will be sanitized after the return to campus from each road competition.
- Sanitization of the Flames Bus and/or rental vehicles will be performed by the bus driver and/or coaching staff of the traveling team.

## TEAM HOME COMPETITIONS

- Student-athletes and coaching staff will be **screened** prior to each team home competition in accordance with NAIA guidelines for “Return to Play.” The screening will be administered by the Head Athletic Trainer.
- Scorer’s table workers will be screened prior to each home competition.
- Masks will not be required while competing due to the health risks associated with the rigorous aerobic demands of participating in physical activities and the need for competitive balance.
- Individual water bottles will be required for both teams. Visiting teams will be notified in advance.

**The following are COVID-19 guidelines pertaining to spectators for each home facility on campus. These guidelines can and will be adjusted as NAIA guidance and/or health authority mandates, related to sporting events and spectators, continue to evolve.**

## SOCCKER FIELD

- Designated seating areas will be created outside of the fenced-in area of the soccer field. The portable bleachers will be removed from the concrete pad and appropriately spaced along the fence line.
- Spectator seating on the hillside will be encouraged.
- Only wheelchair access and CSM Flames Athletic staff will be permitted inside the concrete pad of the soccer field.
- Only designated coaches, officials, staff and student-athletes will be permitted on the field prior, during, and after a home contest.
- The concession area will remain closed for fall home games.

## SOFTBALL FIELD

- The portable bleachers will be appropriately spaced along the concrete backstop area.
- Spectator seating on the hillside will be encouraged.
- Appropriate wheelchair assessable seating will be provided in the concrete backstop area.
- Only designated coaches, umpires, staff and student-athletes will be permitted the field prior, during, and after a home contest.
- The concession area will remain closed for fall home games.

## LIED FITNESS CENTER (LFC)

### Gym

- The five sections of the bleacher system will have alternate seating distances between rows created.
  - Sections 1 – 3 – 5: seating will be designated in odd numbered rows
  - Sections 2 & 4: seating will be designated in even numbered rows
- The north-end of the walking track will be a designated “social distance” space for spectators who select to have greater distance from other individuals.
- Capacity of attendance will adhere to current state guidelines at the time of competition. If guidelines change during the season, CSM will adjust accordingly.
- Masks will be required to be worn by spectators.
- If a safe process can be established within the recommendations of health authorities, the concession area will operate with workers who have been assigned specific roles (cash handling; food serving). All food will be prepackaged.

## **Pool**

- Seating for spectators will be arranged to provide appropriate social distancing.
- Capacity of attendance will adhere to the current state guidelines at the time of competition. If guidelines change during the season, CSM will adjust accordingly.
- Masks will be required to be worn by spectators.

## **Athletic Training Room**

- A maximum of five student-athletes will be permitted inside the training room at a given time.
- Appointments will be **required** for treatment unless there is an emergency requiring immediate treatment.
- A designated “waiting area” will be arranged outside of the athletic training room for student-athletes.
- Work-study students will assist the Head Athletic Trainer in sanitizing the room after each appointment.

## **Locker Room Spaces**

- A designated maximum number of individuals will be permitted into each locker room at any given time. Limits will be assigned that ensure occupancy does not exceed a level that would allow proper social distancing.
- Specific directions will be created to prevent home and visiting teams from crossing paths in the hallways while entering or exiting the gymnasium.
- Visiting teams will be asked to wear masks when entering and leaving the LFC.
- Masks will not be required of the visiting team once they enter the LFC gym or pool.
- The locker rooms will be appropriately sanitized after the conclusion of a home competition. Sanitization of the space will be performed by LFC work-study students and/or athletic department staff.

## **Weight Room (Walsh Annex)**

- A maximum capacity of 15 users will be permitted during the hours of operation. Users will be asked to clean the weight room equipment immediately after use. Student workers will also sanitize the room during each daily shift.
- Users will be screened prior to using the weight room.
- Users will not be required to wear masks due to the health risks associated with the rigorous aerobic demands of participating in physical activities.
- Flames Athletic teams will schedule team workouts in small groups to accommodate the 15-user maximum.
- Hour of operations and COVID-19 guidelines will be prominently posted at the Walsh Annex.