## CSM COMMUNITY PLEDGE

Being a part of the CSM community means that each of us must take extraordinary steps to stay well and protect each other, both on campus and in the community. Focusing on your personal health and wellbeing has always been an important part of the College of Saint Mary (CSM) mission, and that is even more critical during the current COVID-19 pandemic. It is the responsibility of each community member to adhere to this pledge to protect our on-campus community and the community at large.

## I Pledge to...

## Protect Myself

- I agree to self-screen on a daily basis and stay home if I am showing any COVID-19 related symptoms or signs of sickness, and to report to a medical professional.
- Practice personal hygiene, such as frequent handwashing throughout the day and utilize hand sanitizer as needed in public spaces.

## **Protect Others**

- Participate in social distancing with CSM employees, students, and guests. I also agree to follow revised elevator capacities, observe reduced room capacities, and foot traffic directions.
- Wear personal protective equipment (face masks) as directed by the University.
- I agree to self-quarantine if I have been symptomatic, in close contact with someone who is a confirmed positive, or myself have been a confirmed or presumed positive of COVID-19 in the last 14 days. If so, I agree to and complete the Covid-19 Health Self Reporting form found at the top of MyCSM.
- Participate in contact tracing as needed to preserve the wellness of the community.
- In addition, I acknowledge that I should not participate in any in-person meeting or event in which I cannot obtain social distancing and/or which violates the guidance from the Nebraska Department of Health and Human Services.
- Be positive, sensitive and helpful to anyone who may be troubled or struggling.

